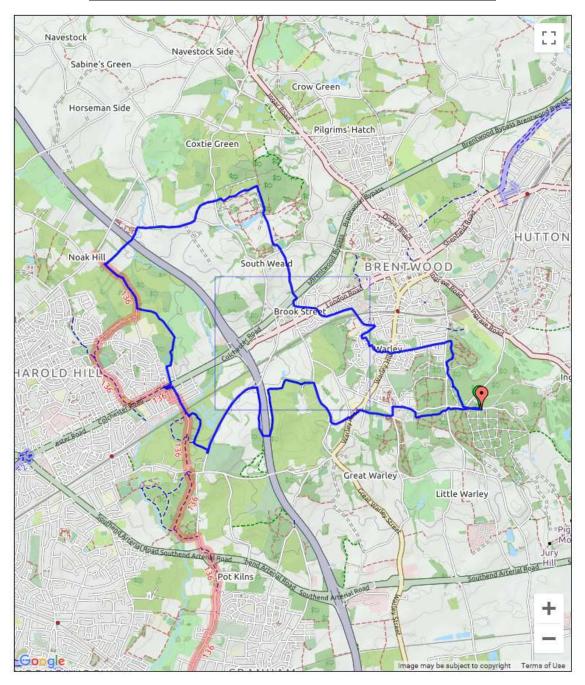
13.7miles (22Km) CIRCULAR ROUTE FROM THORNDON PARK, HAROLD COURT WOOD, DAGNAM PARK, SOUTH WEALD PARK



(Mainly off road but does include some on road sections)